

HELÉNA COLLINS O'CONNOR

SPOTLIGHT

Profile



© Patrick Boro

Location	Greater London, England, United Kingdom County Tipperary, Ireland Bath and North East Somerset, England, United Kingdom	Gender	Female
Actual age	32 years	Playing age	18 to 30 Years
Height	5 feet 7 inches (170cm)	Nationalities	British, Irish
Appearances	Eastern European, Scandinavian, White	Eye color	Grey-Green
Hair color	Auburn	Hair length	Long
Voice styles:	Bright, Enthusiastic	Vocal range	F3 To A5 (Belt to G4)
Chest size	36"	Weight	11 Stones 0 Pounds
Shoe size	6	Dress size	12

Representation

SELF-REPRESENTED
enquiries@spotlight.com
www.spotlight.com

Gallery



About me

Just filmed Jury of Twelve as Juror no. 09 (release 2025). Currently training in Screen Acting with Middleweek Newton.

Credits

Further credits

Prod and role name	Director	Date	Prod type	Company
--------------------	----------	------	-----------	---------

8V40 Dr Danielle Hanwell	David J Jeffery	2025	Feature Film	Invisible Sword Productions
Jury of Twelve Juror no. 09	Robbie Moffatt	2025	Feature Film	Palm Tree Universal
Red and The Rotton Relatives Prince George Gallant	Jo Bartlett	2024	Pantomime	Laleham Players
Heart of Stone Hacker	Tom Harper	2023	Feature Film	Netflix
Bridgerton (Season 2, Ep 4) Bridgerton Maid		2022	Television	
Pistol Winterland gigger	Danny Boyle	2022	Television	
AUTO-ENGRAIN Kate	Ella Faye Donley	2021	Stage	WE ARE BOSSTRESS
The Snow Queen and the Abominable Goblin Sheryl Crow/ Splutter the Rat (puppeteer)	Jo Bartlett	2021	Pantomime	Laleham Players
The Archives The Chef	Nick Pelas	2020	Short Film	Pelas Theatre Company
The Sherlock Holmes Experience Mrs Hudson, Inspector Lestrade, The Mortician, The Train Conductor, Watson & Sherlock Holmes	Bow Plant	2020	Site Specific	Madame Tussauds
Jerry and the Adventures of the HMS Stargazer Amy/ Puppeteer	Jessica Barrett	2019	Stage	Poppet Theatre/ Edinburgh Fringe
Mary, Mary... Mary Wollstonecraft	Rowenna Mortimer	2018	Stage	Further Than The Edge Theatre
Mary Walks The City Mary	Rowenna Mortimer	2018	Rehearsed Reading	Further Than The Edge Theatre/ React Scratch
Astronauts D	Mairi Hayes/ David Thackery	2018	Stage	Royal Central School of Speech and Drama
Buckets Actor 1	Barry Fitzgerald	2018	Rehearsed Reading	Royal Central School of Speech and Drama
The Seagull Arkadina	Mairi Hayes	2018	Rehearsed Reading	Royal Central School of Speech and Drama
Sleeping Beauty and The Cavalier Cook Fairy Flora	Jo Bartlett	2017	Pantomime	Laleham Players
The London Bridge Experience Keeper of the Heads	Matt Crockett	2017	Still Photography	The London Bridge Experience and London Tombs
Black Mirror: Men Against Fire Soldier	Jakob Verbruggen	2016	Television	Netflix
Cinderella through the Magic Mirror Prince Charming	Jo Bartlett	2016	Pantomime	Laleham Players
Guerilla Shakespeare: Henry V Constable of France	Andrew Hobbs	2016	Stage	Facsimile Productions
Marley's Ghost Second Defence Lawyer		2016	Television	UKTV
Talking Heads: Her Big Chance Leslie	Simon Henry	2016	Short Film	Pop Promo Productions

Women's Work Elis	Anne Curtis	2016	Stage	Green Curtain Productions
You, Me and the Apocalypse Mugger	Various Directors	2016	Television	Working Title Films
The London Bridge Experience Brownlow, Boudicca, Bridget: Keeper of The Heads, Beryl of the 1600s & Betsy the Landlady		2015	Site Specific	
Aladdin and his Talking Monkey Aladdin	Jo Bartlett	2015	Pantomime	Laleham Players
Catastrophe Smoking Girl	Ben Taylor	2015	Comedy	Avalon Television
Kharaso - Sverra Marr Irina	Mathew Delorenzi	2015	Music Video	Delorenzi Films
MEND: Islamaphobia Awareness Campaign Racist Attacker	Rich Pepiatt	2015	Short Film	Naughty Step Productions
Boot Christmas Woman	Noam Murro	2014	Commercial	Biscuit Filmworks
Dick and his Magic Cat Puss in Boots	John Riley/ Jo Bartlett	2014	Pantomime	Laleham Players
Love is Pain Lucy	Terrance Addo Mills	2014	Short Film	A M Media
Social Reboot Poison	Susana Rodrigues	2014	Short Film	Black Light Enterprises/ MCM Comicon
Gaslight Nancy	Barrie Addenbrooke	2013	Stage	Beyond Theatre
THE MERRY WIVES OF WINSOR		2012	Workshop	Royal Shakespeare Company
Live at Her Majesty's Theatre Can Can Dancer	Tony Young/ Lizzie Ottely	2010	Musical	Star EFX

Skills

Accents & Dialects	Native: Hertfordshire High standard: American-California, American-New York, American-Southern States, American-Standard, Cockney, Dublin, English-Standard, Essex, Heightened RP, Irish-Northern, Irish-Southern, Liverpool, London, Northern, RP, Welsh-Southern, Yorkshire
Languages	Native: English High standard: Spanish
Music & Dance	Skilled: Alto, Ballad, Contemporary Singing, Dance (general), Glockenspiel, Jazz Dancing, Marimba, Mezzo, Modern Dance, Rock Singing, Singer-Songwriter, Tuned Percussion, Xylophone
Other Skills	Barista (experienced), Bartender, DBS (CRB) clearance, Face Painting, Hair Model, Improvisation, Latte Art (professional), Lyricist, Military Training/Experience, Mixologist, Technical Theatre, Theatre Design
Performance	Skilled: Actor-Musician, Green Screen, Living History, Musical Theatre, Physical Theatre
Sports	Skilled: Fencing, Horse-riding, Running

Training

Acting, The Royal Central School of Speech and Drama, 2018

Growtowski, Fourth Monkey Actor Training (London), Magda Tuka, 2017

Meisner Stage 1, The Salon Collective (The Cockpit Theatre, London), Dominic Kelly, 2015

The Body in Action, Michael Neale, 2014

Bath Spa University, BA (Hons) Drama Studies, 2010-2013

SPOTLIGHT • 16 Garrick Street, London WC2E 9BA • Tel: 020 7437 7631 • www.spotlight.com

Copyright © 2024 Spotlight. The information in this profile has been provided by or on behalf of the member concerned.

Whilst every effort has been made to ensure that the information is correct Spotlight cannot accept responsibility for its accuracy