



# KEISHA ADINA

## ACTOR

### ABOUT ME

As an actor, I am driven by enthusiasm, striving to bring a sense of authenticity and emotional depth to every character I portray. My goal is to connect with audiences on a profound level to create memorable experiences. Over the years I have gained a variety of skills that contribute to my versatility as an actor, including strong line memorization, improvisation, and devising. I thrive in collaborative environments when I can work closely with directors, and fellow actors, taking feedback and consistently applying it to enhance my performances. I'm particularly passionate about telling stories rooted in truth, identity and underrepresented communities. One of my proudest achievements has been acting, co-writing and directing this original play, *The Social Path*. The play delves into the lives of a close-knit community grappling with the aftermath of a devastating tragedy. Performed at The Chelsea Theatre in February 2025.

Gender: Female  
Playing age: 22-32  
Height: 5 ft 3.5 in 161cm  
Nationality: British  
Appearance: Black  
Eye Colour: Dark Brown  
Hair Colour: Black  
Hair Length: Short  
Hair: Wigs, weave, natural, braids

### CONTACT

✉ takeishauylett@hotmail.com

📍 Buckinghamshire/London

🔗 Spotlight Profile:

[HTTPS://APP.SPOTLIGHT.COM/5818-6724-2765](https://app.spotlight.com/5818-6724-2765)



## SKILLS

Accents: Native - Midlands

Dialects: Basic standard - RP, Birmingham,

West African – Liberian

Singing: Basic - Alto

Voice: Projection, clarity

Languages: Native – English

Other skills: Improvisation, devising,  
physicality, movement

## TRAINING

BA (Hons) Acting - First Class Honours  
*Buckinghamshire New University* (2022 -  
2025)

*Kingdom Drama School* (Training ongoing -  
due to complete Nov 2025)

## INTERESTS

Script writing

Directing

Theatre



## EXPERIENCE

### TV/FILM

**BUCKS NEW  
UNIVERSITY**  
2025

*Maya - Lost*

Buckinghamshire New University

**Dir. Takeisha Uylett**

**BUCKS NEW  
UNIVERSITY**  
2023

*Hortensia - Wuthering Heist*

Buckinghamshire New University

**Dir. Jem Kelly**

**BUCKS NEW  
UNIVERSITY**  
2023

*Roz - Line of Duty*

Buckinghamshire New University

**Dir. Takeisha Uylett/Gerard Gordon**

# EXPERIENCE

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## STAGE

**SILVER LINING  
PRODUCTIONS**  
OCT 2024- FEB  
2025

*Krystal - The Social Path*  
The Chelsea Theatre  
**Dir. Takeisha Uylett**

**BUCKS NEW  
UNIVERSITY**  
OCT 2023-JAN  
2024

*Saville, Roxburgh, Mansfield -  
Bloody Sunday*  
The Courtyard Theatre  
**Dir. Magdalena Mosteanu**

**BUCKS NEW  
UNIVERSITY**  
MAY 2023

*Hazel - Time and the Conways*  
Buckinghamshire New  
University  
**Dir. Claire Sellers**

**BUCKS NEW  
UNIVERSITY**  
DEC 2022

*Lady Chiltern - An Ideal Husband*  
Buckinghamshire New University  
**Dir. Takeisha Uylett and Gerard  
Gordon**

## PRODUCING AND WRITING CREDITS

*The Social Path* - Co-Writer, Director,  
Performer (Silver Lining Productions, 2025)

*Lost* - Writer, Performer (Bucks New  
University, 2025)

