

Helen Stirling-Lane

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I trained at Manchester Metropolitan University, Alsager Campus, under Ian Brown, now Professor Emeritus in Drama at Kingston University, London. During my 3 years of training I studied various skills, including writing and directing. The basis of my final dissertation I directed a short film looking at prostitution and sexuality, leading to my BA (Hons) Degree in Drama Studies. After my degree I worked at the Young Vic Theatre, and then The BBC, mainly in Radio. During my 10 years at The BBC, I learned to operate a studio desk and taught myself to edit on the, then new, digital audio editing system. I became a Technical Broadcast Assistant, which combined my administration and studio management skills. When I left, I was maintaining budgets and administration for multiple radio shows, including Radio 4's Woman's Hour and The World Service.

As a member of DreamCatcher Horror Theatre (2013-15) I produced a show, Abel Haartman's History of Horror. In 2014 I co-wrote, acted and directed a show, The UnHoly Trinity. Both shows were for the Edinburgh Fringe Festival. I formed Circle of Spears Productions with acting friends and worked on many audio books, though my most ambitious project was directing, editing and narrating the multi-voice project The Young Demon Keeper by Bob Simms. I have also provided voices for video games characters - as well as characters for various audio projects. Having completed Young Demon Keeper, I realised I enjoyed creating complete worlds for the listener to immerse themselves in and so my company, Sounds of Thunder Ltd, was born in early 2018.

I am a mother, and mum to foster kids, all of whom are now over 18. I also have a grandson (foster), Danny, who is 18 months. I am also a trained massage therapist/tutor - Indian Head, Aromatherapy-and I have trained to teach baby massage. My hobbies are jewellery making and pottery.

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Recent Acting Credits:

- 2020** - Doreen in A Talk in the Park - Dir. Alison Hughes and self tapes remotely
- Dame Vera Knight in Winston's Witch - Dir. Helen Stirling-Lane (currently furloughed)
 - Sophie LaJolie and Nora Guinan in 'Love in the Harbour' Musical Tour - Dir. Georgina Hanshaw (currently furloughed)
 - Roisin in 'Botox or BUST' Musical - Dir. Duncan Trew (currently furloughed)
 - Various Roles in 'Theatre Through the Ages' - Dir. Pat Harrison (currently furloughed)
- 2019** - Chef Bob in 4 Kingdoms Immersive Christmas Journey - Dir. by Mike Hughes
- Lear in King Lear adp. From William Shakespeare by Ollie Maddigan - Dir. Ollie Maddigan
 - Sue (lead) in Blokes What I Have Known: One Woman Play by Kate Spencer - Dir. by Kate Spencer
 - Victoria in Dracula Halloween Show by Amir Jordan & Helen Stirling - Dir. by Amir Jordan
 - Lillith Ross in Suburbia - Dir. Ethan Hodgkinson
 - Vee Talbot in Orpheus Descending by Tennessee Williams - Dir. by Marcus Marsh

Full acting cv available via <https://www.spotlight.com/6021-1208-8204>

Skills:

Full UK Driving Licence, Trained Massage Therapist, Jewellery Designer and Maker, Teacher in Massage and Jewellery Making, Trained Barista, Trained Waitress and Bar Staff

Training:

- 1982 – 1985 University of Manchester: BA (Hons.) Drama Studies
- 1991 – 1995 Dean Waylander School of Fighting: Classes in Broadsword and Foil
- 1995 – 1999 BBC: Various courses in TV Production, Digital Radio Editing, Camerawork, TV Presentation and Radio Presentation
- 2013 Performing Shakespeare with Andrew Jarvis
- 2015 Historical Dance Workshop with Ruth and Mark Goodman
- 2015 Beginner Ceilidh Dance Workshop with Jeremy Child
- 2015 Bodhran and Bones Workshop with Pete Grassby
- 2018 Voice Over Training Workshop with Sugar Pod Voices
- 2020 Acting Through Song Workshop with Tim English